

Height & Weight Tables

Males and Females Ages 15+

The applicant's height and weight must be within the guidelines listed in the table below. If the applicant's height and weight falls outside the guidelines of the New Vantage® III Plan, then s/he is not eligible for coverage.

Height	Weight		
	NV I	NV II	NV III
4'8"	75-160	161-192	193-214
9"	78-166	167-199	200-222
10"	81-172	173-206	207-230
11"	83-178	179-213	214-238
5'0"	86-184	185-220	221-246
1"	90-193	194-231	232-258
2"	95-202	203-242	243-270
3"	99-211	212-253	254-282
4"	103-220	221-264	265-294
5"	107-229	230-274	275-306
6"	111-238	239-285	286-318
7"	116-247	248-296	297-330
8"	120-256	257-307	308-342
9"	124-265	266-318	319-354
10"	128-274	275-328	329-366
11"	132-283	284-339	340-378
6'0"	137-292	293-350	351-390
1"	140-299	300-359	360-400
2"	144-307	308-368	369-410
3"	147-314	315-377	378-420
4"	151-322	323-377	378-430
5"	154-329	330-395	396-440
6"	158-337	338-404	405-450

*Build Table uses English Measurements (Inches and Pounds)

Personal Health Interview (PHI) Checklist

To complete a personal health interview you must call the number listed on the application (1-800-737-6972). Please note that during the interview, the health questions that have already been answered in the application will be confirmed. Please make sure you get all physicians names and prescription drugs that are currently being used by the client.

Personal Health Interview (15 minutes)

Physician Names

Prescription Medications & Spellings