

Height and Maximum/Minimum Weight Chart

Height	Max Weight	Min Weight
4' 2"	142	63
4' 3"	148	65
4' 4"	154	68
4' 5"	160	70
4' 6"	166	73
4' 7"	172	76
4' 8"	178	78
4' 9"	185	81
4' 10"	191	84
4' 11"	198	87
5' 0"	205	90
5' 1"	211	93
5' 2"	218	96
5' 3"	226	99
5' 4"	233	102
5' 5"	240	105

Height	Max Weight	Min Weight
5' 6"	248	109
5' 7"	255	112
5' 8"	263	115
5' 9"	270	119
5' 10"	279	122
5' 11"	287	126
6' 0"	295	129
6' 1"	303	133
6' 2"	311	136
6' 3"	320	140
6' 4"	329	144
6' 5"	337	148
6' 6"	346	152
6' 7"	355	155
6' 8"	364	159
6' 9"	373	163

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*Effective as of 6-28-2019. For the latest rating, access www.ambest.com
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